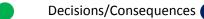


Emotions/Mental Health



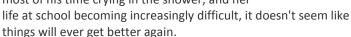


Religion/Beliefs

Mockingbird Kathryn Erskine



11-year-old Caitlin has Asperger's syndrome, and has always had her older brother, Devon, to explain the confusing things around her. But when Devon is killed in a tragic school shooting, Caitlin has to try and make sense of the world without him. With her dad spending most of his time crying in the shower, and her





A MONSTER CALLS

Wonder

R. J. Palacio



Auggie wants to be an ordinary ten-year-old. He feels ordinary - inside. But ordinary kids don't make other kids run away screaming. Ordinary kids aren't stared at wherever they



Born with a terrible facial abnormality, Auggie has been home-schooled by his parents his whole life. Now, he's being sent to a real school - and he's dreading it.

A Monster Calls



the most dangerous thing of all from Conor. It wants the truth.

Lies We Tell Ourselves Robin Talley

Lie #1: I'm not afraid

Lie #2: I'm sure I'm doing the right thing

Lie #3: I don't care what they think of me

It's 1959. The battle for civil rights is raging.

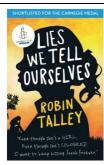
And it's Sarah's first day of school as one of the first black students at previously all-white











Patrick Ness

The monster showed up just after midnight. As they do. But it isn't the monster Conor's been expecting. He's been expecting the one from his nightmare, the one he's had nearly every night since his mother started her treatments. The monster in his back garden, though, is something different. And it wants

Heroic

Phil Farle

Jefferson High.









Butter Erin Lange

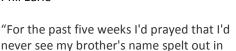
I can't take another year in this fat suit, but I can end this year with a bang. If you can stomach it, you're invited to watch . . . as I eat myself to death.

-Butter

Prepare to gasp, laugh and cry at one boy's journey from lonely outcast to toast of the school as he nears his dreadful deadline...

'If you've ever been bullied, read this.'





poppies. In the weeks that followed I often wished I had."

Jammy and Sonny McGann are brothers, but that's where the similarities end. When

Jammy returns from Afghanistan a very different man to the one who left, it's Sonny who is left to hold things together. But just how far will he go to save the brother who always put him first?

Does My Head Look Big In This?

Randa Abdel-Fattah









Sixteen-year-old Amal makes the decision to start wearing the hijab full-time and everyone has a reaction. Her parents, her teachers, her friends, people on the street. But she stands by her decision to embrace her faith and all that it is, even if it does make her a little different from everyone else.

Alpha Bessora



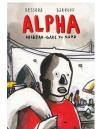














on the move, at the mercy of people traffickers, endlessly frustrated, endangered and exploited as he attempts to re-join his family. His journey takes eighteen months.

Melinda's an outcast. She busted a summer

Alpha Coulibaly is just one refugee of millions

Along the way he meets an unforgettable cast of characters, each one giving another human face to the crisis.

I'll Give You the Sun

Jandy Nelson



Jude and her twin Noah were incredibly close until a tragedy drove them apart, and now they barely speak. Then Jude meets a cocky, broken, beautiful boy as well as a captivating new mentor, both of whom may just need her as much as she needs them. What the twins don't



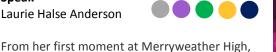
Speak

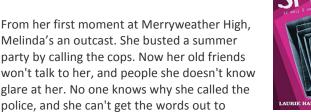
Laurie Halse Anderson











police, and she can't get the words out to explain. So she retreats into her head, determined not to think about it. But, try as she might, it just won't go away...

realize is that each of them has only half the story and if they can just find their way back to one another, they have a chance to remake their world.

Every Day David Levithan



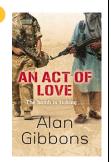
Each morning, A wakes up in a different body. There's never any warning about who it will be, but A is used to that. Never get too attached. Avoid being noticed. Do not interfere.

And that's fine – until A wakes up in the body of Justin and meets Justin's girlfriend, Rhiannon. From that moment, the rules by which A has been living no longer apply. Because finally A has found someone he wants to be with – every day.

An Act of Love Alan Gibbons



Childhood friends Chris and Imran celebrate the Millennium as inseparable blood brothers, they are both seven years old. But by 2011 their lives have taken very different paths. One has joined the Army and served in Afghanistan, the other is a potential jihad recruit. Will their childhood bond be strong enough to overcome an extremist plot?



Stargirl Jerry Spinelli



From the day she arrives at Mica High in a burst of color and sound, the hallways hum with the murmur of Stargirl. She captures Leo's heart with just one smile. She is special, immune to the critics of the rest of the kids. The students of Mica High are enchanted, at first. Then, they turn on her;



Stargirl is suddenly shunned for everything that makes her different. She touches the lives of many and her story becomes a lesson of how those that are considered different, usually become immortal.

Thirteen Reasons Why

Jay Asher





You can't stop the future. You can't rewind the past. The only way to learn the secret . . . is to press play.

Clay Jensen returns home to find a strange package containing several cassette tapes recorded by Hannah Baker - his classmate

Since her father left Lebanon to find work

attack, ten-year-old Ayesha has been living in

and her mother tragically died in a shell

the bomb-ravaged city of Beirut with her

granny and her two younger brothers. The

city has been torn in half by civil war and a



and first love - who committed suicide. Hannah's voice explains there are thirteen reasons why she killed herself and Clay is one of them. If he listens, he'll find out why. All through the night, Clay keeps listening - and what he discovers changes his life... Forever.

House of Windows Alexia Casale



Nick hates it when people call him a genius. Sure, he's going to Cambridge University aged 15, but he says that's just because he works hard. And, secretly, he only works hard to get some kind of attention from his workaholic father. Not that his strategy is working. When he arrives at Cambridge, he



finds the work hard and socialising even harder. Until, that is, he joins the college rowing crew and all hell breaks loose...

Oranges in No Man's Land













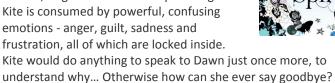
desolate, dangerous no man's land divides the two sides. When Granny falls desperately ill, Ayesha sets off on a terrifying journey to reach a doctor living in enemy territory.

Kite Spirit

Sita Brahmachari



During the summer of her GCSEs Kite's world falls apart. Her best friend, Dawn, commits suicide after a long struggle with pressure to achieve. Kite's dad takes her to the Lake District, to give her time and space to grieve. Kite is consumed by powerful, confusing emotions - anger, guilt, sadness and



My Basmati Bat Mitzvah Paula Freedman



Leading up to her bat mitzvah, Tara has a lot more than her Torah portion on her mind; Hebrew school and study sessions with the rabbi, her robotics project, hanging out with her best friend (maybe boyfriend) Ben-O and her other friend, Rebecca, who's getting a little too cosy with the snotty Sheila

Rosenberg. Amid all this drama, Tara considers how to balance her Indian and Jewish identities and what it means to have a bat mitzvah while questioning her faith.

The Weight of Water Sarah Crossan



Armed with a suitcase and an old laundry bag filled with clothes, Kasienka and her mother head for England. Life is lonely for Kasienka. At home her mother's heart is breaking and at school friends are scarce. But when someone special swims into her life, Kasienka learns that there might be more than one way for her to stay afloat.



Benjamin Zephaniah

Martin was on top of the world but then an accident in a stolen car leaves Martin unconscious in hospital. When he wakes up he realises that the accident has left his face severely scarred. Now, Martin is on the receiving end of people's prejudices and his life has changed forever.



Glory O'Briens History of the Future.

A.S. King



When Glory O'Brien is transformed by a power to see a person's infinite past and future, she's bombarded with visions--and what she sees ahead of her is terrifying: A tyrannical new leader raises an army. Women's rights disappear. A violent second civil war breaks out. And young girls vanish

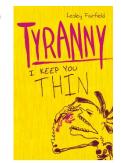


blackman

daily, sold off or interned in camps. Glory makes it her mission to record everything she sees, hoping her notes will somehow make a difference. She may not see a future for herself, but she'll do anything to make sure this one doesn't come to pass.

Tyranny Leslie Fairfield

"Do I know you?" "You've always known me, silly...I'm Tyranny. I keep you thin." One day, horrified by her reflection in the mirror, Anna makes a life-changing decision food is the enemy. Her obsession with being thin and beautiful dominates every waking and sleeping hour. Should she falter or show



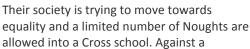
any signs of weakness, Tyranny, her inner voice of "reason" will be only too willing to push her back into line. Years later, when Anna finally finds the strength to defeat her personal demon, it will be a matter of life and death.

Noughts and Crosses

Malorie Blackman



Sephy is a Cross – a member of the darkskinned ruling class. Callum is a nought – a 'colourless' member of the underclass who were once slaves to the Crosses.



background of prejudice and distrust, intensely highlighted by violent terrorist activity by Noughts, a romance builds between Sephy and Callum – a romance that is to lead both of them into terrible danger.

Fat Kid Rules the World

K. L. Going



When Troy (a hugely overweight social leper) befriends Curt (a skinny homeless punk guitar genius), they both get much more than they bargained for. Troy's macho brother and ex-Marine father think Curt is just a junkie loser - but as Curt stopped Troy's suicide attempt, Troy can't just forget him. Curt recruits Troy



L. GoiNG

as the new drummer in his punk band - but Troy has never played the drums in his life. When Curt's around, though, almost anything seems possible.

Between Shades of Gray

Ruta Sepetys







That morning, my brother's life was worth a pocket watch . . .

One night fifteen-year-old Lina, her mother and young brother are hauled from their home by Soviet guards, thrown into cattle cars and sent away. They are being deported to Siberia.

Lina doesn't know if she'll ever see her

father or her friends again. But she refuses to give up hope. Lina hopes for her family. For her country. For her future. For love first love. Will hope keep Lina alive?

Set in 1941, Between Shades of Gray is an extraordinary and haunting story based on first-hand family accounts and memories from survivors.

There is No Dog

days. Six days!









Congratulations, Bob! No wonder Earth is such a mess.

of girls. And all of this, he created in just six

Imagine that God is a typical teenage boy. He is lazy, careless, selfobsessed, hormone explosion - and is about to meet Lucy, the most beautiful girl on earth.

Unfortunately, whenever Bob falls in love, disaster follows. Let us pray that Bob does not fall in love with Lucy.

If I Stay Gayle Foreman



'Just listen,' Adam says with a voice that sounds like shrapnel.' I open my eyes wide now. I sit up as much as I can. And I listen. 'Stay,' he says.

Everybody has to make choices. Some might break you. For seventeen-year-old Mia, decisions might seem tough, but

they're all about a future full of music and love, a future that's brimming with hope. But life can change in an instant. A cold February morning... a snowy road... and suddenly all of

Mia's choices are gone. Except one.

After Tomorrow Gillian Cross









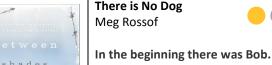


What if you woke up tomorrow and everything had changed? Money is worthless. Your friends are gone. Armed robbers roam the streets. No one is safe. Suddenly you're a refugee.

GILLIAN CROSS

For Matt and his little brother, Taco, that nightmare is a reality. Their only hope of survival is to escape through the Channel Tunnel. But danger waits on the other side. Stay or go? What would you do?

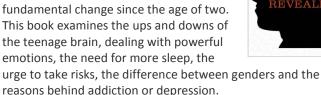




Blame My Brain Nicola Morgan



Contrary to popular (parental) opinion, teenagers are not the lazy, unpleasant miseries they occasionally appear to be. During the teenage years the brain is undergoing its most radical and fundamental change since the age of two. This book examines the ups and downs of the teenage brain, dealing with powerful emotions, the need for more sleep, the



NICOLA MORGAN

The Truth about Self Harm

Celia Richardson



This booklet aims to help you understand more about self-harm and what to do if you are worried about yourself or someone else. It explains what self-harm is, what to do if you or someone you know is self-harming, and how to get help.





Vicious: True Stories by Teens about Bullying Hope Vanderburg

advocacy organisations specific to the UK.

where it was selected as a Stonewall Honour book. This new

Author and photographer Susan Kuklin

met and interviewed six transgender or

gender-neutral young adults. Portraits,

family photographs, and candid images

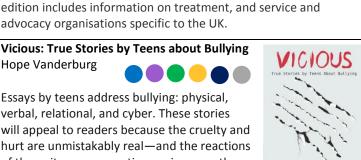
emotional and physical journey each

young person has taken. This book was

published to critical acclaim in the US,

grace the pages, augmenting the

Essays by teens address bullying: physical, verbal, relational, and cyber. These stories will appeal to readers because the cruelty and hurt are unmistakably real—and the reactions of the writers are sometimes cringe-worthy, often admirable, and always believable.



the anxiety

survival guide

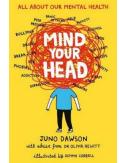
for teens

Mind Your Head





We all have a mind, so we all need to take care of our mental health as much as we need to take care of our physical health. And the first step is being able to talk about our mental health. Juno Dawson leads the way with this frank, factual and funny book, with added information and support from clinical psychologist Dr Olivia Hewitt.



Covering topics from anxiety and depression to addiction, selfharm and personality disorders, Juno and Olivia talk clearly and supportively about a range of issues facing young people's mental health - whether fleeting or long-term - and how to manage them.

The Anxiety Survival Guide



Beyond Magenta

Susan Kuklin



If you have anxiety, your fears and worries can keep you from feeling confident and independent. So, how can you take control of your anxiety before it takes control of you?

Based in cognitive behavioural therapy (CBT) and acceptance and commitment therapy

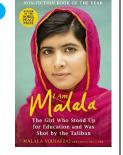
(ACT), this book helps you identify the primitive part of the brain where anxious thoughts arise. You'll also be able to determine if you suffer from generalized anxiety, phobias, social anxiety, panic and agoraphobia, obsessive-compulsive disorder (OCD), or separation anxiety.

I Am Malala

Malala Yousefzai

Winner of the 2014 Nobel Peace Prize

When the Taliban took control of the Swat Valley, one girl fought for her right to an education. On Tuesday, 9 October 2012, she was shot in the head at point-blank range. She has become a global symbol of peaceful protest and is the youngest ever winner of



the Nobel Peace Prize. I Am Malala will make you believe in the power of one person's voice to inspire change in the world.

The Diary of A Young Girl-Anne Frank Anne Frank

In July 1942, thirteen-year-old Anne Frank and

her family, fleeing the occupation, went into

hiding in an Amsterdam warehouse. Over the

next two years Anne vividly describes in her

diary the frustrations of living in such close

quarters, and her thoughts, feelings and









longings as she grows up. Her diary ends abruptly when, in August 1944, they were all betrayed.

Self Esteem and Being You

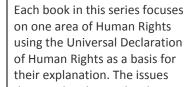
Anita Naik



Are you scared to take risks in case you make a fool of yourself? Do you need people's approval? If someone likes you do you think there must be something wrong with them? Do you hate your body? If you answered yes to any of these questions, this essential guide will help you to turn your opinions around. It

will boost yourself esteem and encourage you to believe in who and what you are.

What Do We Mean by Human Rights? Various



discussed within each title are introduced by historical and modern day case studies.



